|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Advised by doctor or health worker to eat at least five servings of fruit and/or vegetables each day** | | | | | | | | | |
|  | **Male** | | | **Female** | | | **Total** | | |
| Age Categories (Years) | n | % advised | 95% CI | n | % advised | 95% CI | n | % advised | 95% CI |
| 18-29 | 153 | 25.9 | 16.3 - 38.5 | 162 | 50.3 | 36.0 - 64.5 | 315 | 41.0 | 30.8 - 52.0 |
| 30-44 | 335 | 44.5 | 35.4 - 54.0 | 372 | 58.8 | 44.8 - 71.5 | 707 | 53.4 | 43.5 - 63.0 |
| 45-59 | 310 | 57.2 | 34.9 - 76.9 | 376 | 60.7 | 49.3 - 71.1 | 686 | 59.0 | 46.5 - 70.5 |
| 60-69 | 235 | 61.8 | 49.4 - 72.8 | 258 | 60.0 | 44.8 - 73.5 | 493 | 60.7 | 50.4 - 70.2 |
| **Total** | **1033** | **46.2** | **36.8 - 55.9** | **1168** | **56.8** | **49.8 - 63.5** | **2201** | **52.4** | **46.7 - 57.9** |
| Area |  |  |  |  |  |  |  |  |  |
| Rural | 301 | 50.2 | 31.0 - 69.3 | 353 | 64.5 | 52.1 - 75.2 | 654 | 58.7 | 48.0 - 68.6 |
| Urban | 732 | 43.2 | 36.5 - 50.2 | 815 | 50.5 | 43.6 - 57.5 | 1547 | 47.4 | 42.3 - 52.6 |